



ISTA
SUMMER
LEAGUE



ISTA Summer League is a summer volleyball league designed for young athletes who want to stay in a competitive rhythm during the summer, improve their technical skills and develop as a team. Three qualification stages and the finals will bring together Lithuanian and international teams for a dynamic, competitive and inspiring summer of volleyball at Lemona Arena Kaunas.

Categories	U15 Girls and boys — born 2012 and younger; U17 Girls and boys— born 2010 and younger; U19 Girls and boys — born 2008 and younger
Teams	Up to 16 teams may participate in the U15 Girls category. Up to 8 teams may participate in the U17 Girls category. Up to 8 teams may participate in the U19 Girls category. In the Boys' categories, the maximum number of teams will be determined by the Organizer based on the actual number of registrations received. Each team is guaranteed at least three matches at each stage .
Organizers	Indrė Sorokaitė Tinklinio akademija (ISTA VOLLEYBALL)
Sports Arena	ISTA Arena, Islandijos pl. 57, Kaunas, Lietuva
Dates	June/July 2027

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ISTA SUMMER LEAGUE

REGULATIONS

1. GENERAL PROVISIONS

1.1. ISTA Summer League is a summer youth volleyball competition series organized by Indrė Sorokaitė Volleyball Academy (ISTA Volleyball).

1.2. The aim of the ISTA Summer League is to provide young volleyball players with the opportunity to compete regularly during the summer, improve their technical and tactical skills, strengthen individual and team play, and gain additional competitive experience.

1.3. The League is open to Lithuanian and international teams and players

1.4. The following may participate:

- Lithuanian and international volleyball academies;
- volleyball clubs;
- sports schools;
- private sports organizations;
- other volleyball teams or organizations.

1.5. Teams are not required to participate in Lithuanian national championships or other official national competitions.

1.6. By registering, the team confirms that it has read these Regulations and agrees to comply with them.

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2. ORGANIZER

2.1. The organizer of the ISTA Summer League is Indrė Sorokaitė Volleyball Academy (ISTA Volleyball).

2.2. The Organizer is responsible for:

- organizing the competition;
- team registration;
- preparing the competition schedule;
- court allocation;
- appointing referees;
- secretariat operations;
- recording results;
- administration of the overall standings;
- communication;
- organizing awards.

2.3. The Organizer has the right to make decisions on matters that are not directly regulated by these Regulations.

2.4. Decisions made by the Organizer in accordance with these Regulations are final, unless otherwise specified in these Regulations.

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3. COMPETITION STRUCTURE AND DATES

- 3.1. ISTA Summer League consists of three qualification stages and a final Final 4 stage.
- 3.2. Teams collect points towards the overall standings at each stage.
- 3.3. Each team is guaranteed at least three matches at each stage.
- 3.4. The approximate duration of each stage is 10:00–20:00.
- 3.5. The exact match schedule, match start times and court allocation will be published before each stage.

Category	Stage 1	Stage 2	Stage 3	Finals
U15 Girls	June 5th	June 15 th	July 7th	July 17 th
U17 Girls	June 6 th	June 16 th	July 8 th	July 17 th
U19 Girls	June 6 th	June 16 th	July 8 th	July 17 th

Category	Stage 1	Stage 2	Stage 3	Finals
U15 Boys	June 12 th	June 17 th	July 9 th	July 18 th
U17 Boys	June12 th	June17 th	July9 th	July 18 th
U19 Boys	June 12 th	June 17 th	July 9 th	July 18 th

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4. COURT ALLOCATION AND NUMBER OF TEAMS

4.1. Matches are played on standard volleyball courts measuring 9×18 m.

4.2. Up to 16 teams may participate in the U15 Girls category.

4.3. Up to 8 teams may participate in the U17 Girls category.

4.4. Up to 8 teams may participate in the U19 Girls category.

4.5. In the Boys' categories, the number of teams will be determined by the Organizer, taking into consideration: the actual number of registrations received, the time available for the competition, the ability to properly organize the matches, the main requirement that each team is guaranteed at least three matches at each stage.

4.6. The Organizer reserves the right, depending on the number of registrations, to adjust the number of teams or the competition format if necessary to ensure the smooth running of the competition and equal conditions for all participants.

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5. REGISTRATION

- 5.1. Teams shall be registered according to the procedures and deadlines established by the Organizer.
- 5.2. Before the tournament, each team must submit the Team Registration Form by May 1, 2027 via email to events@istavolleyball.com.
- 5.3. The Team Registration Form will be sent to each team once registration has been confirmed.
- 5.4. Upon arrival at the venue, each team must provide the completed Team Registration Form and the original valid identification documents of all registered participants.
- 5.5. The number of places is limited.
- 5.6. A team must consist of at least 7 players.
- 5.7. Individual players may also register by calling [+370 600 11788](tel:+37060011788).
- 5.8. Individually registered players will be assigned, at the Organizer's discretion, to teams formed by the ISTA Summer League organizers.
- 5.9. Teams are not required to have a coach.
- 5.10. A team may request an ISTA coach to be assigned to them. Coach assignment is subject to the Organizer's availability and the specific request.

6. PLAYER UNIFORMS AND TEAM COMPOSITION

- 6.1. Team players must wear matching team uniforms.
- 6.2. Player jersey numbers must be clearly visible.
- 6.3. The use of a libero is not mandatory.
- 6.4. If a team uses a libero, the libero's uniform must be a different color from that of the other team players.
- 6.5. The Organizer may prevent a player from participating in a match if their uniform does not comply with these requirements and cannot be properly corrected before the match.

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7. GAME RULES

- 7.1. ISTA Summer League matches are played 6 vs. 6.
- 7.2. FIVB Volleyball Rules apply unless otherwise modified by these Regulations.
- 7.3. The ISTA Summer League format differs from standard volleyball matches in that matches are not played to a predetermined number of sets.
- 7.4. Matches last 40 minutes.
- 7.5. After the first 20 minutes, a 2-minute technical break is taken.
- 7.6. Each team is entitled to two time-outs per match, each lasting 1 minute.
- 7.7. The number of substitutions is unlimited.
- 7.8. Each match starts at 0:0.

8. SCORING AND OVERALL STANDINGS

- 8.1. A continuous scoring system is used during matches — all points scored during the match are counted.
- 8.2. At the end of each match, the total number of points scored by each team is added to the overall ISTA Summer League standings. For example, if a team wins a match 84:32, its overall standings total increases by 84 points, while the opponent's total increases by 32 points.
- 8.3. Each new match starts again from 0:0, while the points scored during the match are accumulated in the overall stage/league standings.
- 8.4. The Organizer may establish additional criteria and their order of application in the event that teams have equal results.

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9. BINGO BONUS CARD

- 9.1. Before each match, the team captain, in the presence of the referee, draws a special Bingo Bonus Card.
- 9.2. The Bingo Bonus Card indicates a special action or task that the team must complete during the match
- 9.3. If the team successfully completes the task indicated on the card, it receives +1 additional point.
- 9.4. The Bingo Bonus Card is valid only for the specific match for which it was drawn.
- 9.5. Examples of tasks may include special game actions, such as a block-out situation, an ace situation, etc.
- 9.6. The match referee evaluates whether the task has been completed.
- 9.7. In the event of a dispute regarding completion of the Bingo Bonus Card task, the final decision is made by the match referee.

10. STAGE FORMAT

- 10.1. During each stage, teams play according to the schedule prepared by the Organizer.
- 10.2. Each team is guaranteed at least three matches per stage.
- 10.3. A break of at least 10 minutes is scheduled between matches, except where the Organizer establishes a different schedule due to objective circumstances.
- 10.4. At the end of each stage, team results are recorded and the overall ISTA Summer League standings are updated.
- 10.5. After the three qualification stages, the teams qualifying for the final stage are determined.
- 10.6. The qualification procedure and number of finalists will be announced together with the final competition system for the relevant season.

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11. REFEREES AND SECRETARIAT

11.1. Referees are appointed by the Organizer.

11.2. Referees are responsible for:

- ensuring compliance with the match rules;
- recording the score;
- evaluating the Bingo Bonus Card task;
- maintaining discipline;
- completing the match sheet.

11.3. Decisions made by the match referee during the match are binding on all participants.

11.4. The Organizer may appoint secretariat staff to manage scores, match timing and overall standings data.

12. MAIN COMPETITION EQUIPMENT

12.1. The official match ball of the ISTA Summer League is Molten.

12.2. The Organizer provides the main equipment required for the matches and prepares the courts.

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13. PARTICIPATION FEE

13.1. The participation fee for one team covering all ISTA Summer League stages is **€1,600**.

13.2. The participation fee includes: medical staff throughout the event, a local team manager/coordinator throughout the event, opening and closing ceremonies, photography and video coverage, live streaming of matches, tournament merchandise, referees, secretariat staff, medical personnel, volleyball equipment, including warm-up and match balls and ball carts, team awards and prizes.

13.3. Detailed payment procedures, deadlines and invoicing information will be provided during registration.

13.4. The Organizer has the right not to confirm a team's registration if the participation fee is not paid by the specified deadline.

14. PRIZE FUND AND AWARDS

14.1. The top three teams in each category will receive awards.

14.2. The planned prize fund for each category is:



1st place — €500



2nd place — €300



3rd place — €200

14.3. The final amount of the prize fund may be confirmed or adjusted by the Organizer depending on the number of registered teams in the specific category.

14.5. In addition to cash prizes, trophies, medals, special awards and partner gifts will be presented.

14.5. Be piniginių prizų, bus skiriamos taurės, medaliai, specialūs prizai ir partnerių dovanos.

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15. “INDRĖ SOROKAITĖ” AWARD

15.1. A special “Indrė Sorokaitė Award” will be presented at the ISTA Summer League finals.

15.2. The award is given to the most deserving player.

15.3. The evaluation takes into account not only technical and sporting abilities, but also a positive attitude, respect for opponents, fair play, team spirit, leadership, inspiration to others, and behavior both on and off the court.

15.4. Candidates may be nominated by match referees and the Organizer.

15.5. The final decision is made by an internal committee appointed by the Organizer.

15.6. The award is presented during the awards ceremony at the final stage.

16. PUNCTUALITY AND TEAM NO-SHOW

16.1. Teams must be ready to play at the scheduled match time.

16.2. The maximum permitted team delay is 15 minutes from the officially scheduled match start time.

16.3. If a team does not arrive within 15 minutes, the Organizer may award the opponent a 30:0 victory.

16.4. In exceptional cases where the delay is caused by objective circumstances beyond the team’s control, the final decision is made by the Organizer.

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17. FAIR PLAY AND CODE OF CONDUCT

17.1. All ISTA Summer League participants must follow the principles of respect, sportsmanship and fair play.

17.2. The following are prohibited: insulting referees, opponents or Organizer staff, threatening others, discrimination, aggressive or violent behavior, intentionally damaging sports infrastructure or equipment, any other behavior that may harm the reputation of the competition or ISTA Summer League.

17.3. Team representatives are responsible for the behavior of their players and other persons associated with the team.

18. DISCIPLINARY PENALTIES

18.1. Disciplinary penalties may be imposed for violations of the Regulations.

18.2. In cases of particularly serious misconduct, aggression, threats, discriminatory behavior or intentional damage to equipment/infrastructure, a player may be removed not only from the specific match but also disqualified from subsequent ISTA Summer League matches or stages.

18.3. Sanctions are applied taking into account the nature, severity and circumstances of the violation.

19. PROTESTS

19.1. A protest may be submitted by the team captain or official team representative.

19.2. A protest concerning a specific match situation must be submitted immediately to the referee or Organizer's representative.

19.3. Protests may not be used to challenge referee decisions concerning their direct assessment of a match situation, except where the Organizer decides otherwise.

19.4. Protests concerning player eligibility, registration or other administrative matters must be submitted to the Organizer.

19.5. The Organizer reviews the protest and makes the final decision.

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20. PARTICIPATION OF MINORS

- 20.1. ISTA Summer League involves underage athletes; therefore, written consent from a parent or legal guardian must be obtained for participation and for the use of image rights.
- 20.2. Team coaches, managers, captains and/or parents or legal guardians of minors are responsible for ensuring that all documents required for the participation of minors are properly submitted.
- 20.3. Personal data of minors is processed in accordance with applicable legislation.

21. HEALTH AND INSURANCE

- 21.1. Each participant must provide a valid medical certificate.
- 21.2. Each player participates in the ISTA Summer League at a level appropriate to their physical condition and assumes responsibility for their readiness to participate in sports activities.
- 21.2. The Organizer does not provide individual accident or sports injury insurance.
- 21.3. Participants are recommended to have individual accident and sports injury insurance.
- 21.4. Team representatives must inform the Organizer of any circumstances that may be relevant to the safe participation of minors.

22. PHOTO, VIDEO AND COMMUNICATION

- 22.1. ISTA Summer League matches may be photographed, filmed, livestreamed or recorded.
- 22.2. Video material may be published on ISTA's official communication channels, including Facebook, Instagram, YouTube, the ISTA website and other official ISTA communication channels.
- 22.3. The material may be used for: promotion of the League, presentation of teams and players, communication about ISTA activities, communication by partners and sponsors, promotion of future events.
- 22.4. By participating in the League, participants consent to photography and filming and to the use of such material for advertising and communication purposes to the extent permitted by applicable law.

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23. SCHEDULE AND ORGANIZATIONAL MATTERS

- 23.1. The schedule is prepared by the Organizer.
- 23.2. The schedule may be adjusted due to technical, logistical, sporting or other objective reasons.
- 23.3. The Organizer will make every effort to communicate changes to teams as early as possible.
- 23.4. Teams must follow the published schedule and arrive at matches at the scheduled time.
- 23.5. The Organizer may establish additional organizational instructions for a specific stage.

24. TEAM RESPONSIBILITIES

- 24.1. providing accurate information about players;
- 24.2. ensuring that their players meet the established age category;
- 24.3. complying with the match schedule;
- 24.4. wearing appropriate team uniforms;
- 24.5. respecting referees, opponents, the Organizer and sports infrastructure;
- 24.6. fulfilling all financial obligations on time;
- 24.7. ensuring appropriate behavior by their players and team representatives;
- 24.8. complying with the Organizer's safety and event organization requirements.

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25. SPONSORS AND ISTA SUMMER LEAGUE BRAND IDENTITY

25.1. ISTA Summer League may have official partners and sponsors.

25.2. The Organizer has the right to use the League's visual identity and partner logos in official event communications.

25.3. By participating in ISTA Summer League, teams undertake not to infringe upon the interests of the Organizer, League partners or sponsors.

25.4. The Organizer may use team names, logos, photographs and other competition-related information in ISTA Summer League communications.

26. FORCE MAJEURE

26.1. The Organizer has the right to change the competition date, time, location or format, or to cancel individual matches, if their execution is affected by circumstances beyond the Organizer's control.

26.2. Such circumstances may include, among others, extreme weather conditions, technical problems, unavailability of sports infrastructure, decisions of government authorities, health or safety threats, other objective circumstances.

26.3. The Organizer will inform teams of changes through official communication channels.

27. UNFORESEEN CIRCUMSTANCES

27.1. Matters not regulated by these Regulations shall be decided by the ISTA Summer League Organizer.

27.2. For technical volleyball matters, FIVB Rules shall apply unless otherwise specified in these Regulations.

27.3. Decisions made by the Organizer shall aim to ensure, fair sporting competition, equal participation conditions, player safety, smooth running of the competition, achievement of the objectives of the ISTA Summer League.

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28. ACCEPTANCE OF THE REGULATIONS

- 28.1. Registration for the ISTA Summer League means that the team and its representatives have read and accepted these Regulations.
- 28.2. The team assumes responsibility for ensuring that its players are informed about the main ISTA Summer League rules.
- 28.3. The Organizer reserves the right, where necessary, to supplement or amend these Regulations.
- 28.4. Teams will be informed of any significant amendments to the Regulations through the official ISTA Summer League communication channels

29. ORGANIZER CONTACT



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